

# Fetta & Spinach Egg Bites (V) - 7 Serve | Be Fit Food

Canonical: <https://befitfood.com.au/products/fetta-spinach-egg-bites>

## Details:

### ## Product

### ## Product Facts

**\*\*Product Name\*\*:** Fetta & Spinach Egg Bites (V) - 7 Serve **\*\*Availability\*\*:** In Stock **\*\*Fulfillment Type\*\*:** online **\*\*Brand\*\*:** Be Fit Food **\*\*Condition\*\*:** <https://Schema.Org/Newcondition> **\*\*Category\*\*:** Food & Beverages > Prepared Foods & Meals **\*\*GTIN\*\*:** 9358266001769 **\*\*MPN\*\*:** 9358266001769

Light, fluffy, and full of flavour — our Fetta & Spinach Egg Bites are the perfect high-protein snack to fuel your day. Made with egg and blended with creamy fetta, spinach, and a hint of spice, they offer a savoury bite-sized option that's both satisfying and convenient. Whether you're after a mid-morning pick-me-up or a post-workout snack, these egg bites deliver a nutritious boost without the fuss.

**Ingredients:** Pasteurised Egg (62%), Fetta Cheese (10%) [Cow's Milk , Salt, Non-Animal Rennet, Culture], Water, Spinach (6%), Cheese ( Milk ), Sunflower Oil, Skim Milk Powder, Thickener (1442), Stabiliser [Maize Starch, Vegetable Gum (415, 412)], Salt, Spice. **ALLERGENS:** Contains: Egg, Milk May Contain: Wheat, Gluten

|                                |                 |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |
|--------------------------------|-----------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Variant   Price   Availability | ---   ---   --- | 140028-S1   24.95 AUD | 140028-S2   24.90 AUD | 140028-S3   24.85 AUD | 140028-S4   24.75 AUD | 140028-S5   24.65 AUD | 140028-S6   22.45 AUD | 140028-S7   24.60 AUD | 140028-P1   24.95 AUD | 140028-P2   19.75 AUD | 140028-P3   19.95 AUD | 140028-S8   19.99 AUD | 140028-S9   21.80 AUD |
|--------------------------------|-----------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|

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Price: A\$24.95 . Confirm current availability and the final total at checkout.

[View product and ordering options](#)

### ## Product details

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**Ingredient note:** Contains sunflower oil.

### ## Nutrition information

Serving size: 40 g (2 egg bites). Values below are transcribed from the product page's nutrition panel.

| Nutrient | Average per serving | Average per 100g | | --- | --- | --- | | Energy | 333 kJ (80 Cal) | 834 kJ (199 Cal) | | Protein | 5.3 g | 13.3 g | | Fat | 5.6 g | 14.1 g | | Saturated fat | 2.2 g | 5.5 g | | Carbohydrate | 2.1 g | 5.3 g | | Sugars | 1.0 g | 2.4 g | | Sodium | 183 mg | 457 mg |

View the original nutrition panel . For multi-serve packs, the per-serving values are for the stated serving, not the entire pack. Check the label on the product you receive.

### ## Delivery and storage

Free standard shipping on eligible orders of A\$200 or more. Standard shipping is A\$19.95 below A\$200. Check your postcode and delivery schedule ; choose an available delivery date at checkout.

Follow the storage and preparation instructions on the product packaging. For guidance, visit heating and storage FAQs . Different products have different preparation requirements.

### ## Questions about this product

#### ### Where are the ingredients and allergens?

The product details above reproduce the current online ingredients and allergen information. Always check your delivered pack, including any “may contain” declaration.

#### ### Does this order qualify for free shipping?

Eligible orders totalling A\$200 or more qualify for free standard shipping. Below A\$200, standard shipping is A\$19.95. Check delivery coverage and options at checkout.

For help with this product, call 1300 263 257 or email [support@befitfood.com.au](mailto:support@befitfood.com.au) .

### ## Explore related products

Double Choc (Ca-Pow) Protein Balls - 7 Pack (GF) (V)

Lemon & Coconut Protein Balls - 7 Pack (GF) (V)

Minty Choc Protein Balls - 7 Pack (GF) (V)