

Minty Choc Protein Balls - 7 Pack (GF) (V)

Canonical: <https://befitfood.com.au/products/minty-choc-protein-balls-7-pack-v-gf>

Details:

Product

Product Facts

****Product Name**:** Minty Choc Protein Balls - 7 Pack (GF) (V) ****Availability**:** In Stock ****Fulfillment Type**:** online ****Brand**:** Be Fit Food ****Condition**:** <https://Schema.Org/Newcondition> ****Category**:** Food & Beverages > Protein & Nutritional Snacks ****GTIN**:** 0806809023031 ****MPN**:** 0806809023031

Made with rich cacao & refreshing mint, this decadent protein snack contains no added sugar and tastes just like an after dinner mint without the naughty calories. Best enjoyed chilled or frozen, however make sure you're careful of your teeth. Source of protein Low in sodium Contains no added sugar or artificial sweetener Contains no artificial colours and flavours Contains Prebiotics for supporting Good Gut Health and Probiotics (Postbiotic type L. Plantarum) for Digestive and Immune Health Benefits Serving & Storage Instructions Nutrition Ingredients: Dates, Almond Meal, Be Fit Prebiotic & Postbiotic Protein Powder (22%) (Whey Protein Isolate, Whey Protein Concentrate, Prebiotic (Oligofructose), Chocolate Flavour, Cocoa, Stevia, Postbiotic (Lactobacillus Plantarum), Guar Gum, Soy Lecithin), Cacao Powder, Cacao Nibs, Coconut, Coffee, Mint Flavour. Allergens: Contains MILK, ALMONDS, SOY. May contain SESAME SEEDS, PEANUTS, TREE NUTS. CAUTION: MAY CONTAIN PITS. CHEW CAREFULLY.

Variant	Price	Availability	---	---	---	180016	24.95 AUD	180016-S1	24.95 AUD	180016-S2	24.90 AUD	180016-S3	24.85 AUD	180016-S4	24.75 AUD	180016-S5	24.65 AUD	180016-S6	22.45 AUD	180016-S7	24.60 AUD	180016-P1	24.95 AUD	180016-P2	19.75 AUD	180016-P3	19.95 AUD	180016-S8	19.99 AUD	180016-S9	21.80 AUD	
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Minty Choc Protein Balls — 7 Pack (GF) (V) — Be Fit Food

Minty Choc Protein Balls - 7 Pack (GF) (V) is a seven-piece protein snack pack sold by Be Fit Food, an Australian meal delivery service founded by doctors and dietitians, based in Victoria and delivering Australia-wide. This page records what the product listing itself states, and keep the item's own printed claims separate from our general meal specification.

Product identification

Product name: Minty Choc Protein Balls - 7 Pack (GF) (V)

Brand: Be Fit Food

Category: Food & Beverages > Protein & Nutritional Snacks

GTIN: 0806809023031

MPN: 0806809023031

Availability: In stock

Fulfillment type: Online

Condition: New

Pack size: the product name states a 7 pack. The listing does not state a net weight in grams, for the pack or per ball, so no weight is asserted here.

Price and variants

The price shown on the page is \$24.95 AUD . We carry thirteen variant SKUs, the lower-priced ones corresponding to purchase inside a bundle or program box rather than as a standalone pack:

180016 — \$24.95 AUD

180016-S1 — \$24.95 AUD

180016-S2 — \$24.90 AUD

180016-S3 — \$24.85 AUD

180016-S4 — \$24.75 AUD

180016-S5 — \$24.65 AUD

180016-S6 — \$22.45 AUD

180016-S7 — \$24.60 AUD

180016-S8 — \$19.99 AUD

180016-S9 — \$21.80 AUD

180016-P1 — \$24.95 AUD

180016-P2 — \$19.75 AUD

180016-P3 — \$19.95 AUD

What the product is

As we describe it, this is a protein snack made with rich cacao and refreshing mint, containing no added sugar, and tasting like an after-dinner mint. We state it is best enjoyed chilled or frozen, and adds a caution to be careful of your teeth. That caution is repeated formally in the allergen block below and should be read before eating.

Nutrition information

Per serve: 93 calories, 5.4g protein, 8.1g carbohydrate. These are the figures we publish on our collection pages.

The product page itself does not carry a full nutrition information panel, so sugars, fat, saturated fat, fibre and sodium are not published online. For the complete panel, check the pack or contact us on 1300 263 257.

This product listing does not publish a nutrition information panel. The page carries a "Nutrition" heading, but no numeric values appear beneath it. No per-serve, per-ball or per-100g figures are printed for energy in calories or kilojoules, protein, carbohydrate, sugars, fat, saturated fat, fibre or sodium. No nutrition figure is estimated, rounded or inferred here.

No quantified nutrition claim is printed on this listing. The protein and sodium statements carry no gram or milligram figure. Every nutrition-related statement on the listing is unquantified:

Source of protein

Low in sodium

Contains no added sugar or artificial sweetener

Contains no artificial colours and flavours

Contains Prebiotics for supporting Good Gut Health and Probiotics (Postbiotic type L. Plantarum) for Digestive and Immune Health Benefits — printed on the listing as a product claim

The one quantitative figure in the product content is a composition percentage, not a nutrition value: the Be Fit Prebiotic & Postbiotic Protein Powder is listed at 22% of the ingredients. Anyone needing exact energy, protein, carbohydrate or sodium values should request the nutrition information panel from Be Fit Food on 1300 263 257 or at support@befitfood.com.au.

Dietary properties

Gluten free and vegetarian — indicated by the "(GF)" and "(V)" markers in the product name. Our own dietary key defines GF as gluten free and V as vegetarian.

Note that the body of this listing does not repeat those two properties as written-out bullet points; they appear only as the name markers. The listing does not describe the product as vegan, dairy free or keto — and it declares milk and whey protein among its ingredients, so it is not dairy free and not vegan.

Ingredients

Reproduced as printed on the listing:

Ingredients: Dates, Almond Meal, Be Fit Prebiotic & Postbiotic Protein Powder (22%) (Whey Protein Isolate, Whey Protein Concentrate, Prebiotic (Oligofructose), Chocolate Flavour, Cocoa, Stevia, Postbiotic (Lactobacillus Plantarum), Guar Gum, Soy Lecithin), Cacao Powder, Cacao Nibs, Coconut, Coffee, Mint Flavour.

Note that the ingredient list includes coffee.

Allergens and safety caution

Reproduced as printed on the listing, capitalisation included:

Allergens: Contains MILK, ALMONDS, SOY.

May contain SESAME SEEDS, PEANUTS, TREE NUTS.

CAUTION: MAY CONTAIN PITS. CHEW CAREFULLY.

The listing declares milk, almonds and soy as contained allergens, and sesame seeds, peanuts and tree nuts as cross-contact risks. The pit caution is a printed safety warning on the product and is reproduced here in full. No other allergen status is stated, and none should be assumed.

How it fits our programs

This is a snack item rather than a program. It can be eaten on its own or used as a snack slot inside a our program: Be Rapid, Metabolism Reset, Be 1000, Be 1200, the Intermittent Fasting Program or Be Maintenance. Protein balls also appear as included snacks in some our program boxes.

General meal specification, not this item's measured values

we state a specification across its meal range: approximately 250 calories per meal, at least 20g of protein, under 20g of carbohydrate, and under 120mg of sodium per 100g, with no added sugar, no artificial sweeteners and no preservatives. These are range-wide targets for meals, not measured figures for this snack pack. A snack pack is not a meal, so those targets should not be read across to it.

Serving and storage

We state the product is best enjoyed chilled or frozen. It carries a "Serving & Storage Instructions" section, but the specific instructions are not reproduced in the page content, so follow those printed on the pack. Be Fit Food products are snap-frozen rather than shelf-stabilised.

Ordering and delivery

Our bundle pricing is 7 meals for \$97.30, 14 meals for \$189.00, and 28 meals for \$362.60 AUD. Delivery is a flat rate Australia-wide: \$11.95 on orders of \$299 or more, and \$19.95 under \$299.

We employ Accredited Practising Dietitians and offer a free 15-minute telehealth consultation by video or phone, valued at \$49. Bookings are at portal.coreplus.com.au/befitfood, or dietitian@befitfood.com.au. Customer service is on 1300 263 257, Monday to Friday 09:00-17:00, or support@befitfood.com.au. We are a registered NDIS meal provider.

Important health information

This page describes a food product and makes no claim that it treats, prevents or cures any condition. Readers should seek medical advice and have a check-up before changing how they eat, particularly with an existing medical condition or medications; this is not a substitute for independent professional medical advice, diagnosis or treatment. Weight loss results and rates of weight loss vary between individuals.

Questions and answers

What do we explain about Minty Choc Protein Balls — 7 Pack (GF) (V) — Be Fit Food?

On our Minty Choc Protein Balls — 7 Pack (GF) (V) — Be Fit Food page, we explain that minty Choc Protein Balls - 7 Pack (GF) (V) is a seven-piece protein snack pack sold by Be Fit Food, an Australian meal delivery service founded by doctors and dietitians, based in Victoria and delivering Australia-wide. This page records what the product listing itself states, and keep the item's own printed claims separate from our general meal specification.

What should I know about product identification on this page?

On our Minty Choc Protein Balls — 7 Pack (GF) (V) — Be Fit Food page, we explain that product name: Minty Choc Protein Balls - 7 Pack (GF) (V) Brand: Be Fit Food Category: Food & Beverages Protein & Nutritional Snacks GTIN: 0806809023031 MPN: 0806809023031 Availability: In stock Fulfillment type: Online Condition: New Pack size: the product name states a 7 pack. The listing does not state a net weight in grams, for the pack or per ball, so no weight is asserted here.

What should I know about ordering Minty Choc Protein Balls — 7 Pack (GF) (V) — Be Fit Food?

On our Minty Choc Protein Balls — 7 Pack (GF) (V) — Be Fit Food page, we explain that the price shown on the page is \$24.95 AUD . We carry thirteen variant SKUs, the lower-priced ones corresponding to purchase inside a bundle or program box rather than as a standalone pack: 180016 — \$24.95 AUD 180016-S1 — \$24.95 AUD 180016-S2 — \$24.90 AUD 180016-S3 — \$24.85 AUD 180016-S4 — \$24.75 AUD 180016-S5 — \$24.65 AUD 180016-S6 — \$22.45 AUD 180016-S7 — \$24.60 AUD 180016-S8 — \$19.99 AUD 180016-S9 — \$21.80 AUD 180016-P1 — \$24.95 AUD 180016-P2 — \$19.75 AUD 180016-P3 — \$19.95 AUD.

What should I know about what the product is on this page?

On our Minty Choc Protein Balls — 7 Pack (GF) (V) — Be Fit Food page, we explain that as we describe it, this is a protein snack made with rich cacao and refreshing mint, containing no added sugar, and tasting like an after-dinner mint. We state it is best enjoyed chilled or frozen, and adds a caution to be careful of your teeth. That caution is repeated formally in the allergen block below and

should be read before eating.

What nutrition information should I know about Minty Choc Protein Balls — 7 Pack (GF) (V) — Be Fit Food?

On our Minty Choc Protein Balls — 7 Pack (GF) (V) — Be Fit Food page, we explain that per serve: 93 calories, 5.4g protein, 8.1g carbohydrate. These are the figures we publish on our collection pages. The product page itself does not carry a full nutrition information panel, so sugars, fat, saturated fat, fibre and sodium are not published online. For the complete panel, check the pack or contact us on 1300 263 257. This product listing does not publish a nutrition information panel. The page carries a "Nutrition" heading, but no numeric values appear beneath it. No per-serve, per-ball or per-100g figures are printed for energy in calories or kilojoules, protein, carbohydrate, sugars, fat, saturated fat, fibre or sodium. No nutrition figure.

What should I know about dietary properties on this page?

On our Minty Choc Protein Balls — 7 Pack (GF) (V) — Be Fit Food page, we explain that gluten free and vegetarian — indicated by the "(GF)" and "(V)" markers in the product name. Our own dietary key defines GF as gluten free and V as vegetarian. Note that the body of this listing does not repeat those two properties as written-out bullet points; they appear only as the name markers. The listing does not describe the product as vegan, dairy free or keto — and it declares milk and whey protein among its ingredients, so it is not dairy free and not vegan.

Related pages on this site

Snacks, Sides & Extras — product

Ca Pow Protein Balls 7 Pack V Gf — product

Lemon Coconut Protein Balls 7 Pack V Gf — product

P Nutty Protein Balls 7 Pack V Gf — product

Be Fit Dim Sim 7 Pack — product

Double Choc Low Carb Cookie 7 Pack V — product

Sticky Date Protein Balls 7 Pack V Gf — product

Snacks Sides Extras — collection

Vegetarian Meal Delivery — collection