

28 Meal Bundle | Gluten Free Pre-Selected Box | Be Fit Food

Canonical: <https://befitfood.com.au/products/28-meal-bundle-gluten-free-set-box>

Details:

Product

Product Facts

****Product Name**:** 28 Meal Bundle | Gluten Free Pre-Selected Box ****Availability**:** In Stock
****Fulfillment Type**:** online ****Brand**:** Be Fit Food ****Condition**:** <https://Schema.Org/Newcondition>
****Category**:** Food & Grocery > Meal Kits & Prepared Foods

362.60 AUD

Our 28 Meal Gluten-Free Set Box features a handpicked selection of tasty, gluten-free meals, perfect for keeping in the freezer. Whether you're looking to replace one meal a day with a healthy option or simply enjoy convenient, nutritious dishes, this bundle has you covered. Each meal contains approximately 250 calories, 20-30 grams of protein (15+ grams for vegetarian meals), and all are under 20 grams of carbs. We've thoughtfully chosen these gluten-free favourites to make healthy eating easy and enjoyable!

| Variant | Price | Availability | | --- | --- | --- | | 162990S | 362.60 AUD | |

28 Meal Bundle | Gluten Free Pre-Selected Box

The 28 Meal Gluten Free Pre-Selected Box gives you a substantial freezer selection with the recipes already chosen. Its current menu includes three Gluten Free Lasagnes and three Italian Beef Meatballs, alongside curries, baked fish, Mexican Stovetop Penne and Curried Pumpkin & Chicken Soup. Across 14 named recipes, you have both repeated favourites and different dishes to rotate through lunches and dinners. Check the complete menu and individual meal labels when deciding whether this selection matches your preferences and any dietary needs beyond gluten.

Listed box price: A\$362.60 as checked on 19 October 2026. Confirm current availability and the final order total before paying.

[View this box and order](#)

Choose the box that fits your routine

This is not simply two copies of the 14-meal gluten-free box. The current 28-meal menu adds Mexican Stovetop Penne, Thai Green Chicken Curry and Curried Pumpkin & Chicken Soup, and changes the quantities of several other dishes. Choose it if you want that wider rotation and have space for 28 meals. For a smaller first order, compare the seven- or 14-meal options; for a different balance of recipes, explore a customisable bundle.

What is listed in this box?

The menu below was listed on this product page on 19 October 2026. Quantities describe the named items or packs; a multi-serve pack is not one individual serving. Check the current menu when ordering.

Lunch/Dinner

| Quantity | Listed item | | --- | --- | | 3 | Italian Beef Meatballs | | 3 | Gluten Free Lasagne | | 2 | Indian Chicken Curry | | 1 | Yellow Vegetable Curry | | 2 | Protein+ Bolognese | | 1 | Baked Bean & Feta Bowl | | 2 | Chilli & Ginger Baked Fish | | 2 | Cauliflower Fried Rice & Chicken | | 2 | Beef Madras Curry | | 2 | Satay Chicken | | 2 | Mexican Stovetop Penne | | 2 | Curried Pumpkin & Chicken Soup | | 2 | Spicy Mexican Pulled Beef | | 2 | Thai Green Chicken Curry |

Dietary needs and your current selection

This box is offered as a gluten-free selection. That does not establish suitability for other allergies. Check the ingredient and “may contain” statements for every included item, particularly if you need to manage coeliac disease or an allergy.

Nutrition varies by recipe. Use the individual product's per-serving panel for energy, protein, carbohydrate and other nutrients rather than assuming one value applies to every meal in the box. Product photos are illustrative; use the named menu to compare the selection.

If an included item or dietary requirement is essential to your order, contact our team to confirm the current selection before paying.

Ordering, storage and getting started

Check delivery availability for your postcode and the delivery charge at checkout. Plan freezer space for the meal quantity you choose, and follow the storage and preparation instructions on each item's label. Breakfasts, snacks and multi-serve packs can have different instructions from prepared lunch and dinner meals.

Questions before you order

Does this include the wholemeal lasagne?

No. The listed menu names Gluten Free Lasagne, with three included. Keep that distinction in mind when comparing individual product pages or checking an order.

Is every meal also vegetarian or dairy-free?

No. The menu includes meat, fish and a feta bowl. Gluten-free identifies one dietary feature, so check each meal's ingredients and allergen statements for your other requirements.

Is 28 meals a 28-day program?

The count refers to prepared meals. You decide how to use them across lunches and dinners; breakfast and snacks are not listed. Compare the current programs if you want a package with a daily structure.

Compare your next step

Explore other bundle sizes and build-your-own options , or choose recipes from our individual meal menu . For a structured breakfast, lunch, dinner and snack approach, compare our food programs . Contact our team for help with a specific selection.