

28 Meal Bundle | Vegetarian Pre-Selected Box | Be Fit Food

Canonical: <https://befitfood.com.au/products/28-meal-bundle-vegetarian-set-box>

Details:

Product

Product Facts

****Product Name**:** 28 Meal Bundle | Vegetarian Pre-Selected Box ****Availability**:** In Stock ****Fulfillment Type**:** online ****Brand**:** Be Fit Food ****Condition**:** <https://Schema.Org/Newcondition> ****Category**:** Food & Beverages > Meal Delivery & Prepared Foods

362.60 AUD

Our 28 Meal Vegetarian Set Box features a handpicked selection of flavourful, plant-based meals, perfect for keeping in the freezer. Whether you're looking to replace one meal a day with a nutritious vegetarian option or enjoy the convenience of ready-to-eat dishes, this bundle is the ideal choice. Each meal contains approximately 250 calories, 15+ grams of protein, and all are under 20 grams of carbs. We've thoughtfully chosen these vegetarian favourites to make healthy eating simple and satisfying!

| Variant | Price | Availability | | --- | --- | --- | | 160990S | 362.60 AUD | |

28 Meal Bundle | Vegetarian Pre-Selected Box

If you enjoy keeping familiar vegetarian meals on rotation, this 28-meal box gives you more of five selected recipes. Yellow Vegetable Curry, Baked Bean & Fetta Bowl and Trio of Green Soup are each included six times, with five portions each of Vegetable & Chickpea Frittata and Spiced Lentil Dahl. It is a substantial supply of lunches or dinners without choosing every item individually. The selection includes egg and dairy, so it is a vegetarian box rather than a vegan one.

Listed box price: A\$362.60 as checked on 19 October 2026. Confirm current availability and the final order total before paying.

[View this box and order](#)

Choose the box that fits your routine

The appeal here is having repeated meals ready when you need them. Check that you enjoy all five dishes before choosing the largest vegetarian box. Its balance is slightly different from two 14-meal boxes: you receive five frittatas and five dahls, rather than four and six. If you would prefer a wider recipe mix or want to leave out a particular ingredient, compare the customisable bundle options .

What is listed in this box?

The menu below was listed on this product page on 19 October 2026. Quantities describe the named items or packs; a multi-serve pack is not one individual serving. Check the current menu when ordering.

Lunch/Dinner

| Quantity | Listed item | | --- | --- | | 6 | Yellow Vegetable Curry | | 6 | Baked Bean & Fetta Bowl | | 5 | Vegetable & Chickpea Frittata | | 5 | Spiced Lentil Dahl | | 6 | Trio of Green Soup |

Dietary needs and your current selection

This vegetarian selection includes egg and dairy ingredients, so it is not a vegan box. Check each recipe's ingredients and allergen statement if you avoid particular foods.

Nutrition varies by recipe. Use the individual product's per-serving panel for energy, protein, carbohydrate and other nutrients rather than assuming one value applies to every meal in the box. Product photos are illustrative; use the named menu to compare the selection.

If an included item or dietary requirement is essential to your order, contact our team to confirm the current selection before paying.

Ordering, storage and getting started

Check delivery availability for your postcode and the delivery charge at checkout. Plan freezer space for the meal quantity you choose, and follow the storage and preparation instructions on each item's label. Breakfasts, snacks and multi-serve packs can have different instructions from prepared lunch and dinner meals.

Questions before you order

Does the larger box introduce more vegetarian recipes?

The current seven-, 14- and 28-meal vegetarian boxes use the same five named dishes, in different quantities. This size increases your supply rather than the number of recipes.

Can I use it for both lunch and dinner?

Yes, the listed meals are lunch and dinner choices. Using two a day would use 28 meals in 14 days, but that does not include breakfast, snacks or everything else you may need.

Is it suitable if I avoid eggs or milk?

The fixed selection includes frittata and a fetta bowl. Review each recipe and choose your own suitable meals rather than assuming vegetarian means egg-free, dairy-free or vegan.

Compare your next step

Explore other bundle sizes and build-your-own options , or choose recipes from our individual meal menu . For a structured breakfast, lunch, dinner and snack approach, compare our food programs . Contact our team for help with a specific selection.