

Almond & Quinoa Protein Porridge (GF) - 7 Serves | Be Fit Food

Canonical: <https://befitfood.com.au/products/almond-and-quinoa-protein-porridge-gf-7-serves>

Details:

Product

Product Facts

****Product Name****: Almond & Quinoa Protein Porridge (GF) - 7 Serves ****Availability****: In Stock
****Fulfillment Type****: online ****Brand****: Be Fit Food ****Condition****: <https://Schema.Org/Newcondition>
****Category****: Food & Beverages > Breakfast & Cereals ****GTIN****: 09358266000984 ****MPN****: 09358266000984

Our delicious, fibre rich Almond & Quinoa Protein Porridge, is the perfect breakfast to start your day! This breakfast contains a combination of Quinoa flakes, Nuts and Flaxseeds to help you stay fuller for longer! Contains Prebiotics for supporting Good Gut Health Excellent source of dietary fibre Good source of protein Gluten free Vegetarian Contains no added sugar or artificial sweetener Contains no artificial colours and flavours Heating & Storage Instructions Nutrition

Variant	Price	Availability	---	---	---	130037	29.95 AUD	130037-BC1	24.95 AUD	
130037-BC2	29.70 AUD	130037-BC3	29.65 AUD							

Almond & Quinoa Protein Porridge (GF) - 7 Serves

Plan several breakfasts with Almond & Quinoa Protein Porridge in the seven-serve format. The product description features quinoa flakes, nuts and flaxseeds, and labels the porridge gluten free and vegetarian. This is the multi-serve option, separate from the single-serve product.

Displayed price: A\$29.95 , checked 19 October 2026. Confirm the current price and chosen product at checkout.

Choosing the seven-serve porridge

Choose this format when you want seven portions of the same breakfast. The nutrition panel states a 60g serving, described as four level scoops. Its per-serving figures apply to that portion, not the whole pack.

If you want one portion rather than a multi-serve pack, compare the single-serve porridge . For a different breakfast format, explore Nut & Flaxseed Protein Granola , which has its own serving size and ingredients.

Ingredients and allergens

The following recipe and allergen declaration are transcribed from this product's linked panel image.

Ingredients: Quinoa Flakes (31%), Be Fit Prebiotic Protein (Whey Protein Isolate, Whey Protein Concentrate, Oligofructose, Vanilla Flavour, Guar Gum, Stevia, Soy Lecithin), Almonds (10%), LSA (Linseeds, Sunflower Seeds, Almonds), Black Chia Seeds, Natvia, Dates, Flaxseeds, Coconut, Cinnamon Ground.

Contains: MILK, SOYBEANS, TREE NUTS

May contain: SESAME SEEDS, PEANUTS.

Nutrition information

Serving size: 60g (4 level scoops). Values below are transcribed from the product page's nutrition panel.

Nutrient	Average per serving	Average per 100g	---	---	---	Energy	1050 kJ (251 Cal)	1750 kJ (418 Cal)
Protein	16.7g	27.9g	Fat	11.3g	18.8g	Saturated fat	3.4g	5.7g
Carbohydrate	16.8g	28.0g	Sugars	3.8g	6.3g	Fibre	10.1g	16.9g
Sodium	23mg	38mg	Gluten	Nil Detected	Nil Detected			

View the original nutrition panel . For multi-serve packs, the per-serving values are for the stated serving, not the entire pack. Check the label on the product you receive.

Preparation and storage

Follow the preparation and storage directions on the delivered pack. Product requirements differ; see the serving and storage help centre for further guidance.

Seven-serve porridge questions

Does seven serves mean seven individual sachets?

The listing specifies seven serves but does not establish that they are individually wrapped. The panel identifies a 60 g serving as four level scoops.

Does it contain dairy?

Yes. The panel lists whey protein isolate and concentrate and declares Milk, Soybeans and Tree Nuts. The recipe includes almonds.

Where can I check the recipe?

The ingredients above are transcribed from this bulk pack's own panel image. Use the delivered label for current preparation and allergen details.

Order and delivery

Check coverage for your postcode and delivery dates . Confirm availability, selected quantities, delivery charges and the final total at checkout.

View this product and current ordering options . For product or ingredient questions, contact Be Fit Food .