

# Baked Bean & Fetta Bowl (GF) (V) | Be Fit Food

Canonical: <https://befitfood.com.au/products/baked-bean-feta-bowl-gf>

## Details:

## Product

## Product Facts

**\*\*Product Name\*\*:** Baked Bean & Fetta Bowl (GF) (V) **\*\*Availability\*\*:** In Stock **\*\*Fulfillment Type\*\*:** online **\*\*Brand\*\*:** Be Fit Food **\*\*Condition\*\*:** <https://Schema.Org/Newcondition> **\*\*Category\*\*:** Food & Beverages > Prepared Meals & Ready-to-Eat **\*\*GTIN\*\*:** 9358266000908 **\*\*MPN\*\*:** 9358266000908

A good source of vegetarian protein and a delicious way to incorporate more veggies into your day, our Baked Bean and Fetta bowl ticks all the boxes for a nutritious breakfast. With subtle cannellini beans in a rich tomato sauce flavoured with garlic, paprika and chilli and topped with fetta, you'll never eat the canned version again. Excellent source of dietary fibre Good source of protein Contains less than 500mg sodium per serve Low in saturated fat Gluten free Vegetarian Contains no artificial colours and flavours Heating & Storage Instructions Nutrition **INGREDIENTS:** Diced Tomato (Tomato, Citric Acid), Cannellini Beans (15%), Fetta (9%) (Pasteurised Milk , Vegetable Oil, Salt, Lactic Cultures, Non-Animal Rennet), Red Capsicum, Tomato Paste (Tomato Paste, Citric Acid), Carrot, Onion, Celery, Spinach, Light Tasty Cheese , Faba Bean Protein, Spring Onion, Olive Oil, Parsley, Garlic, Cumin, Paprika, Corn Starch, Chilli. Contains: Milk May Contain: Fish, Crustacea, Sesame Seeds, Peanuts, Egg, Soybeans, Tree Nuts, Lupin

|                                |                           |                           |                         |  |
|--------------------------------|---------------------------|---------------------------|-------------------------|--|
| Variant   Price   Availability | ---   ---   ---           | 130005.GF   9.95 AUD      | 130005.GF-B1   9.95 AUD |  |
| 130005.GF-B2   9.85 AUD        | 130005.GF-MP1   12.85 AUD | 130005.GF-MP2   12.50 AUD |                         |  |
| 130005.GF-MP3   11.95 AUD      | 130005.GF-MP4   12.55 AUD | 130005.GF-MP5   13.40 AUD |                         |  |
| 130005.GF-MP6   10.15 AUD      | 130005.GF-MB1   13.90 AUD | 130005.GF-MB2   13.50 AUD |                         |  |
| 130005.GF-MB3   12.95 AUD      | 130005.GF-MP7   13.05 AUD | 130005.GF-MB4   12.50 AUD |                         |  |

# Baked Bean & Fetta Bowl (GF) (V)

A good source of vegetarian protein and a delicious way to incorporate more veggies into your day, our Baked Bean and Fetta bowl ticks all the boxes for a nutritious breakfast. With subtle cannellini beans in a rich tomato sauce flavoured with garlic, paprika and chilli and topped with fetta, you'll never eat the canned version again.

Price: A\$9.95 . Confirm current availability and the final total at checkout.

[View product and ordering options](#)

## Product details

Excellent source of dietary fibre

Good source of protein

Contains less than 500mg sodium per serve

Low in saturated fat

Gluten free

Vegetarian

Contains no artificial colours and flavours

Heating & Storage Instructions

INGREDIENTS: Diced Tomato (Tomato, Citric Acid), Cannellini Beans (15%), Fetta (9%) (Pasteurised Milk , Vegetable Oil, Salt, Lactic Cultures, Non-Animal Rennet), Red Capsicum, Tomato Paste (Tomato Paste, Citric Acid), Carrot, Onion, Celery, Spinach, Light Tasty Cheese , Faba Bean Protein, Spring Onion, Olive Oil, Parsley, Garlic, Cumin, Paprika, Corn Starch, Chilli.

Contains: Milk May Contain: Fish, Crustacea, Sesame Seeds, Peanuts, Egg, Soybeans, Tree Nuts, Lupin

### ## Nutrition information

Serving size: 342 g. Values below are transcribed from the product page's nutrition panel.

|              |                     |                  |        |        |       |               |                   |                 |
|--------------|---------------------|------------------|--------|--------|-------|---------------|-------------------|-----------------|
| Nutrient     | Average per serving | Average per 100g | ---    | ---    | ---   | Energy        | 1080 kJ (257 Cal) | 315 kJ (75 Cal) |
| Protein      | 16.2 g              | 4.7 g            | Fat    | 10.7 g | 3.1 g | Saturated fat | 4.6 g             | 1.3 g           |
| Carbohydrate | 18.8 g              | 5.5 g            | Sugars | 16.8 g | 4.9 g | Fibre         | 10.6 g            | 3.1 g           |
| Sodium       | 494 mg              | 144 mg           |        |        |       |               |                   |                 |

View the original nutrition panel . For multi-serve packs, the per-serving values are for the stated serving, not the entire pack. Check the label on the product you receive.

### ## Delivery and storage

Free standard shipping on eligible orders of A\$200 or more. Standard shipping is A\$19.95 below A\$200. Check your postcode and delivery schedule ; choose an available delivery date at checkout.

Follow the storage and preparation instructions on the product packaging. For guidance, visit heating and storage FAQs . Different products have different preparation requirements.

### ## Questions about this product

#### ### Where are the ingredients and allergens?

The product details above reproduce the current online ingredients and allergen information. Always check your delivered pack, including any “may contain” declaration.

#### ### Does this order qualify for free shipping?

Eligible orders totalling A\$200 or more qualify for free standard shipping. Below A\$200, standard shipping is A\$19.95. Check delivery coverage and options at checkout.

For help with this product, call 1300 263 257 or email [support@befitfood.com.au](mailto:support@befitfood.com.au) .

### ## Explore related products

Choc Caramel 30g Protein Smoothie (VG)

Super Green Protein Smoothie (VG)

5 Veg Eggs (GF) (V)