

Choc Caramel 30g Protein Smoothie (VG) | Be Fit Food

Canonical: <https://befitfood.com.au/products/choc-caramel-smoothie>

Details:

Product

Product Facts

****Product Name**:** Choc Caramel 30g Protein Smoothie (VG) ****Availability**:** In Stock ****Fulfillment Type**:** online ****Brand**:** Be Fit Food ****Condition**:** <https://Schema.Org/Newcondition> ****Category**:** Food & Beverages > Nutritional Drinks & Meal Replacements ****GTIN**:** 0806809669383 ****MPN**:** 0806809669383

Enjoy our low carb, high protein, wholefood vegan smoothie. Made from cashew nuts, dates, peanuts & cocoa - this delicious smoothie will be the perfect start to your day & will keep you full and satisfied. 31g of protein Only 16g of carbs Excellent source of dietary fibre Contains no artificial colours and flavours
Serving Instructions Nutrition Ingredients: Water, Pea Protein, Cocoa Powder, Cashew , Peanut , Dates, Erythritol. Allergens: Contains: Tree Nuts, Peanuts. May contain: Milk, Sesame Seeds
Manufactured in a facility where equipment also processes nuts, seeds, soy and wheat.

Variant	Price	Availability	---	---	---	130022	9.95 AUD	130022-B1	9.95 AUD					
130022-B2	9.85 AUD	130022-MB1	13.90 AUD	130022-MB2	13.50 AUD	130022-MB3	12.95 AUD	130022-MP1	12.85 AUD	130022-MP2	12.50 AUD	130022-MP3	11.95 AUD	
130022-MP4	12.55 AUD	130022-MP5	13.40 AUD	130022-MP6	10.15 AUD									

Choc Caramel 30g Protein Smoothie (VG)

Choc Caramel is a cocoa-based smoothie made with pea protein, cashews, peanuts and dates. It offers a chocolate and nut flavour option alongside our fruit-based smoothies. The recipe is listed as vegan; its allergen information still includes nuts and a may-contain declaration for milk.

Displayed price: A\$9.95 , checked 19 October 2026. Confirm the current price and chosen product at checkout.

A chocolate smoothie with pea protein

The nutrition panel states a 350 g serving and 31.2 g protein per serving. Pea protein is listed after water, followed by cocoa, cashew, peanut, dates and erythritol. This is a prepared smoothie product, not a tub of protein powder.

Choose it for a cocoa-and-nut flavour, or compare Sunset Crush if you prefer mango, orange and passionfruit. Compare each product's own ingredients and serving values; the recipes and allergen declarations differ.

Ingredients and allergens

Ingredients: Water, Pea Protein, Cocoa Powder, Cashew , Peanut , Dates, Erythritol.

Allergens: Contains: Tree Nuts, Peanuts. May contain: Milk, Sesame Seeds

Manufactured in a facility where equipment also processes nuts, seeds, soy and wheat.

Nutrition information

Serving size: 350g. Values below are transcribed from the product page's nutrition panel.

Nutrient	Average per serving	Average per 100g	---	---	---	Energy	1510 kJ (360 Cal)	431 kJ (103 Cal)
Protein	31.2 g	8.9 g	Fat	16.0 g	4.6 g	Saturated fat	3.4 g	LESS THAN 1 g
Carbohydrate	15.8 g	4.5 g	Sugars	9.3 g	2.7 g	Fibre	7.0g	2.0g
			Sodium	85 mg	24 mg			

View the original nutrition panel . For multi-serve packs, the per-serving values are for the stated serving, not the entire pack. Check the label on the product you receive.

Nutrition note: the online summary badge and the nutrition-panel image currently differ. This table reproduces the panel image. If you need a confirmed figure for dietary planning, check your delivered pack or contact our team before ordering.

Preparation and storage

Follow the preparation and storage directions on the delivered pack. Product requirements differ; see the serving and storage help centre for further guidance.

Questions about Choc Caramel

What gives it the chocolate flavour?

Cocoa powder is listed in the recipe, alongside dates, cashews and peanuts. No dairy caramel ingredient is listed.

Is it nut-free?

No. It contains cashew and peanut, and declares Tree Nuts and Peanuts.

How should I use the protein figure?

The table reproduces the source nutrition panel. The product name uses 30 g, while the panel states 31.2 g per 350 g serving. Check the delivered pack if you need an exact figure for your food plan.

Order and delivery

Check coverage for your postcode and delivery dates . Confirm availability, selected quantities, delivery charges and the final total at checkout.

View this product and current ordering options . For product or ingredient questions, contact Be Fit Food .