

Chunky Chicken, Ham & Sweet Corn Soup (GF) | Be Fit Food

Canonical: <https://befitfood.com.au/products/chunky-chicken-ham-sweet-corn-soup-gf>

Details:

Product

Product Facts

****Product Name****: Chunky Chicken, Ham & Sweet Corn Soup (GF) ****Availability****: In Stock
****Fulfillment Type****: online ****Brand****: Be Fit Food ****Condition****: <https://Schema.Org/Newcondition>
****Category****: Food & Beverages > Ready-to-Eat Meals & Soups ****GTIN****: 09358266000830 ****MPN****: 09358266000830

There's nothing quite as hearty & satisfying as our Chicken, Ham & Sweet Corn Soup. Chunky strips of chicken with ham and creamed corn create the ultimate soup for a cold winter's day. Gluten free High in protein Contains 4-12 different vegetables Low in saturated fat Contains no artificial colours and flavours Heating & Storage Instructions Nutrition **INGREDIENTS**: Chicken (26%), Celery, Corn Kernels (9%), Light Milk , Leek, Ham (5%), Onion, Egg White, Spring Onion, Olive Oil, Corn Starch, Chicken Stock, Gluten Free Soy Sauce, Ginger, Pepper. Contains: Egg, Milk, Soybeans May Contain: Fish, Crustacea, Sesame Seeds, Peanuts, Tree Nuts, Lupin

Variant Price Availability	--- --- ---	120003.GF 13.95 AUD	120003.GF-MP1 12.85 AUD
120003.GF-MP2 12.50 AUD	120003.GF-MP3 11.95 AUD	120003.GF-MP4 12.55 AUD	120003.GF-MP5 13.40 AUD
120003.GF-MP6 10.15 AUD	120003.GF-MB1 13.90 AUD	120003.GF-MB2 13.50 AUD	120003.GF-MB3 12.95 AUD
120003.GF-MP7 13.05 AUD	120003.GF-MB4 12.50 AUD	120003.GF-MB5 13.35 AUD	

Chunky Chicken, Ham & Sweet Corn Soup (GF)

There's nothing quite as hearty & satisfying as our Chicken, Ham & Sweet Corn Soup. Chunky strips of chicken with ham and creamed corn create the ultimate soup for a cold winter's day.

Price: A\$13.95 . Confirm current availability and the final total at checkout.

[View product and ordering options](#)

Product details

Gluten free

High in protein

Contains 4-12 different vegetables

Low in saturated fat

Contains no artificial colours and flavours

Heating & Storage Instructions

INGREDIENTS: Chicken (26%), Celery, Corn Kernels (9%), Light Milk , Leek, Ham (5%), Onion, Egg White, Spring Onion, Olive Oil, Corn Starch, Chicken Stock, Gluten Free Soy Sauce, Ginger, Pepper.

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Nutrition information

Serving size: 307 g. Values below are transcribed from the product page's nutrition panel.

Nutrient	Average per serving	Average per 100g	---	---	---	Energy	1050 kJ (252 Cal)	344 kJ (82 Cal)
Protein	23.3 g	7.6 g	Fat	11.5 g	3.7 g	Saturated fat	2.9 g	1.0 g
Carbohydrate	12.4 g	4.0 g	Sugars	5.9 g	1.9 g	Fibre	2.9 g	0.9 g
Sodium	493 mg	161 mg						

View the original nutrition panel . For multi-serve packs, the per-serving values are for the stated serving, not the entire pack. Check the label on the product you receive.

Delivery and storage

Free standard shipping on eligible orders of A\$200 or more. Standard shipping is A\$19.95 below A\$200. Check your postcode and delivery schedule ; choose an available delivery date at checkout.

Follow the storage and preparation instructions on the product packaging. For guidance, visit heating and storage FAQs . Different products have different preparation requirements.

Questions about this product

Where are the ingredients and allergens?

The product details above reproduce the current online ingredients and allergen information. Always check your delivered pack, including any “may contain” declaration.

Does this order qualify for free shipping?

Eligible orders totalling A\$200 or more qualify for free standard shipping. Below A\$200, standard shipping is A\$19.95. Check delivery coverage and options at checkout.

For help with this product, call 1300 263 257 or email support@befitfood.com.au .

Explore related products

Italian Meatball Soup (GF)

Country Chicken, Pea & Ham Soup (GF)

Curried Pumpkin & Chicken Soup (GF)