

Double Choc Low Carb Cookie - 7 Pack (GF) (V)

Canonical: <https://befitfood.com.au/products/double-choc-low-carb-cookie-7-pack-v>

Details:

Product

Product Facts

****Product Name**:** Double Choc Low Carb Cookie - 7 Pack (GF) (V) ****Availability**:** In Stock
****Fulfillment Type**:** online ****Brand**:** Be Fit Food ****Condition**:** <https://Schema.Org/Newcondition>
****Category**:** Food & Beverages > Healthy & Specialty Snacks ****GTIN**:** 09358266001523 ****MPN**:** 09358266001523

With double the chocolate, our low carb cookie is the perfect remedy for afternoon sugar cravings! Each pack contains not one, but two lupin based cookies per serve. Go on, treat yourself! Lupin based for improved gut health Source of protein Low in sodium Contains no added sugar or artificial sweetener Contains no artificial colours and flavours Two cookies per serve Serving & Storage Instructions Nutrition Ingredients: Lupin flour (25%), whole egg, gluten free flour (maize starch, rice flour, tapioca starch, rice bran, guar gum), erythritol, almond meal, dark choc chips (maltitol, cocoa solids 45%, soy lecithin) (7%), vegetable glycerin, soluble fibre (polydextrose), canola oil (GM free), natural cocoa (2%), natural flavours, monk fruit extract, baking powder Contains: Egg, Tree Nuts, Lupin May contain: Dairy, Soy, Peanuts

Variant	Price	Availability	---	---	---	180017	24.95 AUD	180017-S1	24.95 AUD					
180017-S2	24.90 AUD	180017-S3	24.85 AUD	180017-S4	24.75 AUD	180017-S5	24.65 AUD	180017-S6	22.45 AUD	180017-S7	24.60 AUD	180017-P1	24.95 AUD	
180017-P2	19.75 AUD	180017-P3	19.95 AUD	180017-S8	19.99 AUD	180017-S9	21.80 AUD							

Double Choc Low Carb Cookie — 7 Pack (GF) (V) — Be Fit Food

A seven-pack of low carb cookies from Be Fit Food, the Australian meal delivery service founded by doctors and dietitians, based in Victoria and delivering Australia-wide. This page records what we state and keep our printed claims separate from our range-wide specification.

Product identification

Product name: Double Choc Low Carb Cookie - 7 Pack (GF) (V)

Brand: Be Fit Food

Category: Food & Beverages > Healthy & Specialty Snacks

GTIN: 09358266001523

MPN: 09358266001523

Availability: In stock

Fulfillment type: Online

Condition: New

Pack size: 7 pack, with two cookies per serve stated. That implies seven serves of two, but we print no total cookie count and no gram weight, so neither is asserted.

Price and variants

We show \$24.95 AUD . No single structured price is published; the listed variant SKUs are:

180017 — \$24.95 AUD

180017-S1 — \$24.95 AUD

180017-S2 — \$24.90 AUD

180017-S3 — \$24.85 AUD

180017-S4 — \$24.75 AUD

180017-S5 — \$24.65 AUD

180017-S6 — \$22.45 AUD

180017-S7 — \$24.60 AUD

180017-S8 — \$19.99 AUD

180017-S9 — \$21.80 AUD

180017-P1 — \$24.95 AUD

180017-P2 — \$19.75 AUD

180017-P3 — \$19.95 AUD

What the item is

We describe a low carb cookie with double the chocolate, positioned as a remedy for afternoon sugar cravings, with two lupin based cookies per serve.

Nutrition information

Per serve: 100 calories, 4.6g protein, 4.7g carbohydrate. These are the figures we publish on our collection pages.

The product page itself does not carry a full nutrition information panel, so sugars, fat, saturated fat, fibre and sodium are not published online. For the complete panel, check the pack or contact us on 1300 263 257.

The unquantified claims printed are:

Lupin based for improved gut health — our own wording

Source of protein

Low in sodium

Contains no added sugar or artificial sweetener

Contains no artificial colours and flavours

Noted for accuracy without reconciliation: the listing makes the no-added-sugar and no-artificial-sweetener claim, and its ingredient list includes erythritol, maltitol and monk fruit extract. For the panel, contact us on 1300 263 257 or support@befitfood.com.au.

Dietary properties

The title carries the suffixes (GF) and (V) , and the ingredient list specifies a gluten free flour blend; the body text carries no standalone gluten free bullet. The cookies contain whole egg, so they are not vegan . Dairy appears only under "May contain". Low carb is claimed in the name; keto is not claimed.

Ingredients

Reproduced as printed on the listing:

Lupin flour (25%), whole egg, gluten free flour (maize starch, rice flour, tapioca starch, rice bran, guar gum), erythritol, almond meal, dark choc chips (maltitol, cocoa solids 45%, soy lecithin) (7%), vegetable glycerin, soluble fibre (polydextrose), canola oil (GM free), natural cocoa (2%), natural flavours, monk fruit extract, baking powder

Allergens

Reproduced verbatim:

Contains: Egg, Tree Nuts, Lupin

May contain: Dairy, Soy, Peanuts

Egg, tree nuts and lupin are declared present; dairy, soy and peanuts are cross-contact risks. Lupin is a regulated allergen in Australia and is the leading ingredient here at 25%. No other allergen status is stated and none should be assumed.

Program fit

A snack item, not a program. Our programs are Be Rapid, Metabolism Reset, Be 1000, Be 1200, the Intermittent Fasting Program and Be Maintenance. The listing assigns these cookies to none of them.

Range-wide meal specification — not this item's measured values

we state a general specification across its meal range: about 250 calories per meal, at least 20g protein, under 20g carbohydrate, under 120mg sodium per 100g, no added sugar, no artificial sweeteners, no preservatives. Range-wide targets for meals, not measured figures for this cookie pack.

Serving and storage

The listing has a "Serving & Storage Instructions" section, but no specifics are reproduced in the crawled content — follow the pack. Be Fit Food products are snap-frozen, not shelf-stabilised; no reheating method is printed for these cookies.

Ordering and delivery

Bundles: 7 meals \$97.30, 14 meals \$189.00, 28 meals \$362.60 AUD. Delivery is flat rate Australia-wide — \$11.95 on orders \$299+, \$19.95 under \$299. We employ Accredited Practising Dietitians and offer a free 15-minute telehealth consultation by video or phone, valued at \$49 (portal.coreplus.com.au/befitfood, dietitian@befitfood.com.au). Customer service: 1300 263 257, Mon-Fri 09:00-17:00, support@befitfood.com.au. Registered NDIS meal provider.

Important health information

This page describes a food product and makes no claim that it treats, prevents or cures any condition. Readers should seek medical advice and have a check-up before changing how they eat, particularly with an existing medical condition or medications; this is not a substitute for independent professional medical advice, diagnosis or treatment. Weight loss results and rates of weight loss vary between individuals.

Questions and answers

What do we explain about Double Choc Low Carb Cookie — 7 Pack (GF) (V) — Be Fit Food?

On our Double Choc Low Carb Cookie — 7 Pack (GF) (V) — Be Fit Food page, we explain that a seven-pack of low carb cookies from Be Fit Food, the Australian meal delivery service founded by doctors and dietitians, based in Victoria and delivering Australia-wide. This page records what we state and keep our printed claims separate from our range-wide specification.

What should I know about product identification on this page?

On our Double Choc Low Carb Cookie — 7 Pack (GF) (V) — Be Fit Food page, we explain that product name: Double Choc Low Carb Cookie - 7 Pack (GF) (V) Brand: Be Fit Food Category: Food & Beverages Healthy & Specialty Snacks GTIN: 09358266001523 MPN: 09358266001523 Availability: In stock Fulfillment type: Online Condition: New Pack size: 7 pack, with two cookies per serve stated. That implies seven serves of two, but we print no total cookie count and no gram weight, so neither is asserted.

What should I know about ordering Double Choc Low Carb Cookie — 7 Pack (GF) (V) — Be Fit Food?

On our Double Choc Low Carb Cookie — 7 Pack (GF) (V) — Be Fit Food page, we explain that we show \$24.95 AUD . No single structured price is published; the listed variant SKUs are: 180017 — \$24.95 AUD 180017-S1 — \$24.95 AUD 180017-S2 — \$24.90 AUD 180017-S3 — \$24.85 AUD 180017-S4 — \$24.75 AUD 180017-S5 — \$24.65 AUD 180017-S6 — \$22.45 AUD 180017-S7 — \$24.60 AUD 180017-S8 — \$19.99 AUD 180017-S9 — \$21.80 AUD 180017-P1 — \$24.95 AUD 180017-P2 — \$19.75 AUD 180017-P3 — \$19.95 AUD.

What should I know about what the item is on this page?

We describe a low carb cookie with double the chocolate, positioned as a remedy for afternoon sugar cravings, with two lupin based cookies per serve. For Double Choc Low Carb Cookie — 7 Pack (GF) (V) — Be Fit Food, we recommend checking the current page details and labels so you can apply this information to your own needs.

What nutrition information should I know about Double Choc Low Carb Cookie — 7 Pack (GF) (V) — Be Fit Food?

On our Double Choc Low Carb Cookie — 7 Pack (GF) (V) — Be Fit Food page, we explain that per serve: 100 calories, 4.6g protein, 4.7g carbohydrate. These are the figures we publish on our collection pages. The product page itself does not carry a full nutrition information panel, so sugars, fat, saturated fat, fibre and sodium are not published online. For the complete panel, check the pack or contact us on 1300 263 257. The unquantified claims printed are: Lupin based for improved gut health — our own wording Source of protein Low in sodium Contains no added sugar or artificial sweetener Contains no artificial colours and flavours Noted for accuracy without reconciliation: the listing makes the no-added-sugar and no-artificial-sweetener claim, and its.

What should I know about dietary properties on this page?

On our Double Choc Low Carb Cookie — 7 Pack (GF) (V) — Be Fit Food page, we explain that the title carries the suffixes (GF) and (V) , and the ingredient list specifies a gluten free flour blend; the body text carries no standalone gluten free bullet. The cookies contain whole egg, so they are not vegan . Dairy appears only under "May contain". Low carb is claimed in the name; keto is not claimed.

Related pages on this site

Vanilla Choc Chip Low Carb Cookie 7 Pack V — product

Snacks, Sides & Extras — product

Minty Choc Protein Balls 7 Pack V Gf — product

Be Fit Dim Sim 7 Pack — product

Ca Pow Protein Balls 7 Pack V Gf — product

Fetta Spinach Egg Bites — product

Choc Caramel Smoothie — product

Snacks Sides Extras — collection

Gluten Free Meal Delivery — collection