

Indian Chicken Curry (GF) | Be Fit Food

Canonical: <https://befitfood.com.au/products/indian-chicken-curry-1>

Details:

Product

Product Facts

****Product Name**:** Indian Chicken Curry (GF) ****Availability**:** In Stock ****Fulfillment Type**:** online
****Brand**:** Be Fit Food ****Condition**:** <https://Schema.Org/Newcondition> ****Category**:** Food & Beverages > Ready-to-Eat Meals ****GTIN**:** 9358266000632 ****MPN**:** 9358266000632

This ever-popular chicken curry is made with a homemade blend of herb and spices filled with chunky vegetables. Fat and salt content is low unlike with usual curries, however we have created a delicious, authentic sauce. This curry is very filling and nutritious with 5 vegetables and lean cuts of slow cooked chicken. We have kept the chilli level low, so feel free to add chilli sprinkles to boost the heat up to your preference without adding stacks of calories! Gluten free Good source of protein (30g per serve) Good source of dietary fibre Contains 7 different vegetables Contains RSPCA approved chicken Chilli rating: 1 Heating & Storage Instructions Nutrition Ingredients: Chicken (39%), Diced Tomato, Potato, Coconut Milk, Green Beans, Onion, Green Peas, Chicken Stock, Gluten Free Soy Sauce, Garlic, Ginger, Tomato Paste, Corn Starch, Fresh Coriander, Curry Powder, Ground Coriander, Cumin, Mixed Herbs, Turmeric, Cardamom, Olive Oil. Allergens: Soybeans May Contain: Fish, Milk, Crustacea, Sesame Seeds, Peanuts, Tree Nuts, Egg, Lupin

Variant Price Availability	--- --- ---	110008.GF 14.95 AUD	110008.GF-MP1 13.85 AUD
110008.GF-MP2 13.50 AUD	110008.GF-MP3 12.95 AUD	110008.GF-MP4 13.55 AUD	110008.GF-MP5 14.40 AUD
110008.GF-MP6 10.15 AUD	110008.GF-MB1 14.90 AUD	110008.GF-MB2 14.50 AUD	110008.GF-MB3 13.95 AUD
110008.GF-MP7 14.05 AUD	110008.GF-MB4 13.50 AUD		

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Price: A\$14.95 . Confirm current availability and the final total at checkout.

[View product and ordering options](#)

Product details

Gluten free

Good source of protein (30g per serve)

Good source of dietary fibre

Contains 7 different vegetables

Contains RSPCA approved chicken

Chilli rating: 1

Heating & Storage Instructions

Ingredients: Chicken (39%), Diced Tomato, Potato, Coconut Milk, Green Beans, Onion, Green Peas, Chicken Stock, Gluten Free Soy Sauce, Garlic, Ginger, Tomato Paste, Corn Starch, Fresh Coriander, Curry Powder, Ground Coriander, Cumin, Mixed Herbs, Tumeric, Cardamom, Olive Oil.

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Nutrition information

Serving size: 277g. Values below are transcribed from the product page's nutrition panel.

Nutrient	Average per serving	Average per 100g		---	---	---	Energy	1200 kJ (288 Cal)	435 kJ (104 Cal)
Protein	30.0g	10.8g		Fat	10.4g	3.8g	Saturated fat	4.6g	1.7g
Carbohydrate	15.8g	5.7g		Sugars	4.2g	1.5g	Fibre	5.4g	1.9g
Sodium	500mg	181mg							

View the original nutrition panel . For multi-serve packs, the per-serving values are for the stated serving, not the entire pack. Check the label on the product you receive.

Delivery and storage

Free standard shipping on eligible orders of A\$200 or more. Standard shipping is A\$19.95 below A\$200. Check your postcode and delivery schedule ; choose an available delivery date at checkout.

Follow the storage and preparation instructions on the product packaging. For guidance, visit heating and storage FAQs . Different products have different preparation requirements.

Questions about this product

Where are the ingredients and allergens?

The product details above reproduce the current online ingredients and allergen information. Always check your delivered pack, including any “may contain” declaration.

Does this order qualify for free shipping?

Eligible orders totalling A\$200 or more qualify for free standard shipping. Below A\$200, standard shipping is A\$19.95. Check delivery coverage and options at checkout.

For help with this product, call 1300 263 257 or email support@befitfood.com.au .

Explore related products

Mexican Stovetop Penne (GF)

Wholemeal Beef Lasagne

Italian Beef Meatballs (GF)