

Monthly Dietitian Subscription for Weight Management | Be Fit Food

Canonical: <https://befitfood.com.au/products/monthly-weight-management-subscription>

Details:

Product

Product Facts

****Product Name****: Monthly Dietitian Subscription for Weight Management ****Availability****: In Stock
****Fulfillment Type****: online ****Brand****: Be Fit Food ****Condition****: <https://Schema.Org/Newcondition>
****Category****: Health & Wellness > Nutrition & Dietitian Services

49.95 AUD

We will provide you with personalised dietary advice based on evidence-based guidelines. We will also consider your current health conditions and specific dietary requirements to ensure safety and efficiency of your diet. Together we will set realistic weight loss and/or maintenance goals and other health goals so that you are set up for success. We will develop a plan for your long-term weight management with ongoing support 30-minute initial dietitian consultation 15-minute monthly review consultations for each additional month 28 Days of Podcasts with Dietitian, Kate Save 1 x Healthy Weight Management eBook 1 x Nutrition and Movement Journal eBook Monthly email including an article, health tip, recipe and your \$50 Be Fit Food Voucher (cost of additional food additional) *Please ensure you provide us with an accurate email address and opt in to marketing for our email correspondences to receive your voucher and extras on the plan. +Please contact customer service at support@befitfood.com.au or 1300 263 257 for assistance with any health fund rebate questions or receipt after purchase to submit claim. At checkout, select any delivery date option. You will not be charged a delivery fee.

| Variant | Price | Availability | | --- | --- | --- | | 1130008 | 49.95 AUD | |

Monthly Dietitian Subscription for Weight Management

Get ongoing dietitian support through Be Fit Food's monthly subscription. The service starts with a 30-minute initial consultation, then lists a 15-minute review for each additional month. Resources and a monthly food voucher accompany the consultation support; food is purchased separately.

Listed price: A\$49.95 per month , checked 19 October 2026. The membership information page states that payments are charged on the first of each month. Review the current payment arrangement before checkout.

View monthly membership ordering options

What is included?

A 30-minute initial dietitian consultation.

A 15-minute monthly review consultation for each additional month.

28 days of podcasts with dietitian Kate Save.

A Healthy Weight Management eBook.

A Nutrition and Movement Journal eBook.

A monthly email with an article, health tip, recipe and A\$50 Be Fit Food voucher.

The service description includes personalised dietary advice that considers your current health conditions and dietary requirements. You can discuss realistic weight-loss or maintenance goals and develop a plan with ongoing support. The subscription does not establish a guaranteed outcome or timeframe.

Compare monthly and annual support

The monthly product lists reviews for each additional month; it does not describe unlimited appointments. Check the applicable ongoing terms before choosing it.

The annual subscription is a separate A\$499 upfront product with a 45-minute initial consultation and eleven 15-minute reviews across 12 months. The monthly option starts with 30 minutes. Compare the appointment structure as well as the payment format, rather than assuming monthly membership is simply the annual product divided into instalments.

Receiving your voucher and resources

The product asks you to provide an accurate email address and opt in to marketing correspondence to receive vouchers and extras. The membership information page says the voucher is emailed monthly and expires at the end of that month.

Food remains an additional purchase. Browse individual meals or compare meal bundles , then review the voucher conditions before using it. Do not assume unused value rolls forward or that the voucher can be combined with every other offer; those conditions are not specified in this listing.

Ordering and appointment arrangements

The product's checkout instruction is to select any delivery-date option; it states that no delivery fee will be charged for this service. This is not confirmation of an appointment time or a promise of free delivery on a separate food order.

Contact Be Fit Food to clarify consultation scheduling, availability, payment questions or unclear terms before purchasing. The customer service contacts are support@befitfood.com.au and 1300 263 257 . The product also directs health-fund rebate and receipt questions to these contacts. Confirm your own cover with your fund rather than assuming reimbursement.

Monthly membership questions

Is there an initial consultation every month?

The listed structure is one 30-minute initial consultation, then a 15-minute review for each additional month. It does not list a new initial appointment every month.

Does the monthly price include meals?

No. The subscription includes consultation support, resources and a voucher. Food is an additional purchase under the relevant voucher conditions.

Can I cancel whenever I want?

The product description supplied here does not establish a cancellation policy or minimum term. Check the applicable conditions before subscribing rather than assuming "monthly" means cancel-anytime.

What happens if I join partway through a month?

The membership page states first-of-month charging but does not explain prorating or the initial-payment timing. Ask the team or review checkout terms before relying on a particular amount or payment date.