

# Satay Chicken (GF) | Be Fit Food

Canonical: <https://befitfood.com.au/products/satay-chicken-gf-1>

## Details:

### ## Product

### ## Product Facts

**\*\*Product Name\*\*:** Satay Chicken (GF) **\*\*Availability\*\*:** In Stock **\*\*Fulfillment Type\*\*:** online **\*\*Brand\*\*:** Be Fit Food **\*\*Condition\*\*:** <https://Schema.Org/Newcondition> **\*\*Category\*\*:** Food & Beverages > Prepared Meals & Ready-to-Eat **\*\*GTIN\*\*:** 9358266000052 **\*\*MPN\*\*:** 9358266000052

We've got a Satay Chicken that's packed full of flavor and low in calories! The chicken is marinated in antioxidant-rich spices and served with a tasty peanut satay sauce and Asian style slaw salad. Gluten free Good source of protein (25g per serve) Good source of dietary fibre Contains RSPCA approved chicken Chilli Rating: 2 Heating & Storage Instructions Nutrition Ingredients: Chicken (27%), Green Cabbage, Carrot, Red Cabbage, Spring Onion, Onion, Coconut Milk, Fresh Coriander, Peanut Butter, Olive Oil, Turmeric, Gluten Free Soy Sauce, Cumin, Coriander Ground, Vegetable Stock, Garlic, Pink Salt, Chilli, Corn Starch. Allergens: Peanuts, Soybeans May Contain: Fish, Milk, Crustacea, Sesame Seeds, Tree Nuts, Egg, Lupin

|                                                                                                              |
|--------------------------------------------------------------------------------------------------------------|
| Variant   Price   Availability     ---   ---   ---     110013.GF   13.95 AUD       110013.GF-MP1   12.85 AUD |
| 110013.GF-MP2   12.50 AUD       110013.GF-MP3   11.95 AUD       110013.GF-MP4   12.55 AUD                    |
| 110013.GF-MP5   13.40 AUD       110013.GF-MP6   10.15 AUD       110013.GF-MB1   13.90 AUD                    |
| 110013.GF-MB2   13.50 AUD       110013.GF-MB3   12.95 AUD       110013.GF-MP7   13.05 AUD                    |
| 110013.GF-MB4   12.50 AUD                                                                                    |

### # Satay Chicken (GF)

We've got a Satay Chicken that's packed full of flavor and low in calories! The chicken is marinated in antioxidant-rich spices and served with a tasty peanut satay sauce and Asian style slaw salad.

Price: A\$13.95 . Confirm current availability and the final total at checkout.

[View product and ordering options](#)

### ## Product details

Gluten free

Good source of protein (25g per serve)

Good source of dietary fibre

Contains RSPCA approved chicken

Chilli Rating: 2

Heating & Storage Instructions

Ingredients: Chicken (27%), Green Cabbage, Carrot, Red Cabbage, Spring Onion, Onion, Coconut Milk, Fresh Coriander, Peanut Butter, Olive Oil, Turmeric, Gluten Free Soy Sauce, Cumin, Coriander Ground, Vegetable Stock, Garlic, Pink Salt, Chilli, Corn Starch.

Allergens: Peanuts, Soybeans May Contain: Fish, Milk, Crustacea, Sesame Seeds, Tree Nuts, Egg, Lupin

## ## Nutrition information

Serving size: 292 g. Values below are transcribed from the product page's nutrition panel.

|              |                     |                  |        |        |       |               |                   |                 |
|--------------|---------------------|------------------|--------|--------|-------|---------------|-------------------|-----------------|
| Nutrient     | Average per serving | Average per 100g | ---    | ---    | ---   | Energy        | 1140 kJ (271 Cal) | 389 kJ (93 Cal) |
| Protein      | 25.5 g              | 8.7 g            | Fat    | 13.1 g | 4.5 g | Saturated fat | 3.6 g             | 1.2 g           |
| Carbohydrate | 10.2 g              | 3.5 g            | Sugars | 7.0 g  | 2.4 g | Fibre         | 5.7 g             | 2.0 g           |
| Sodium       | 415 mg              | 142 mg           |        |        |       |               |                   |                 |

View the original nutrition panel . For multi-serve packs, the per-serving values are for the stated serving, not the entire pack. Check the label on the product you receive.

## ## Delivery and storage

Free standard shipping on eligible orders of A\$200 or more. Standard shipping is A\$19.95 below A\$200. Check your postcode and delivery schedule ; choose an available delivery date at checkout.

Follow the storage and preparation instructions on the product packaging. For guidance, visit heating and storage FAQs . Different products have different preparation requirements.

## ## Questions about this product

### ### Where are the ingredients and allergens?

The product details above reproduce the current online ingredients and allergen information. Always check your delivered pack, including any “may contain” declaration.

### ### Does this order qualify for free shipping?

Eligible orders totalling A\$200 or more qualify for free standard shipping. Below A\$200, standard shipping is A\$19.95. Check delivery coverage and options at checkout.

For help with this product, call 1300 263 257 or email [support@befitfood.com.au](mailto:support@befitfood.com.au) .

## ## Explore related products

Mexican Stovetop Penne (GF)

Wholemeal Beef Lasagne

Italian Beef Meatballs (GF)