

Yellow Vegetable Curry (GF) (VG) | Be Fit Food

Canonical: <https://befitfood.com.au/products/yellow-vegetable-curry-gf-vg>

Details:

Product

Product Facts

****Product Name**:** Yellow Vegetable Curry (GF) (VG) ****Availability**:** Out Of Stock ****Fulfillment Type**:** online ****Brand**:** Be Fit Food ****Condition**:** <https://Schema.Org/Newcondition> ****Category**:** Food & Beverages > Prepared Meals & Ready-to-Eat ****GTIN**:** 09358266000717 ****MPN**:** 09358266000717

No matter the time of the year, we can never say no to a yummy curry! Our Yellow Vegetable Curry is packed full of fragrant spices, silken tofu, broccoli, eggplant, zucchini and peas to create warming flavours to keep you satisfied. Excellent source of dietary fibre High in protein Low in sodium Contains 4-12 different vegetables Low in saturated fat Contains no artificial colours and flavours Heating & Storage Instructions Nutrition **INGREDIENTS:** Tofu , Broccoli (11%), Eggplant (11%), Diced Tomato (11%) (Tomato, Citric Acid), Coconut Milk (Coconut Cream, Xanthan Gum), Zucchini (7%), Edamame (7%), Brown Rice, Onion (6%), Peanuts (Peanuts, Peanut Oil), Green Peas (2%), Faba Bean Protein, Yellow Curry Paste (1.5%), Coriander, Ginger, Garlic, Olive Oil, Lemongrass, Vegetable Stock, Gluten Free Soy Sauce, Turmeric, Chilli, Kaffir Lime, Corn Starch. Contains: Soybeans, Peanuts May Contain: Fish, Milk, Crustacea, Sesame Seeds, Egg, Tree Nuts, Lupin

Variant	Price	Availability			---		---		---		110026.GF		13.95 AUD			110026.GF-MP1		12.85 AUD		
		110026.GF-MP2		12.50 AUD			110026.GF-MP3		11.95 AUD			110026.GF-MP4		12.55 AUD			110026.GF-MP5		13.40 AUD	
		110026.GF-MP6		10.15 AUD			110026.GF-MB1		13.90 AUD			110026.GF-MB2		13.50 AUD			110026.GF-MB3		12.95 AUD	
		110026.GF-MP7		13.05 AUD			110026.GF-MB4		12.50 AUD											

Yellow Vegetable Curry (GF) (VG)

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Price: A\$13.95 . Confirm current availability and the final total at checkout.

[View product and ordering options](#)

Product details

Excellent source of dietary fibre

High in protein

Low in sodium

Contains 4-12 different vegetables

Low in saturated fat

Contains no artificial colours and flavours

Heating & Storage Instructions

INGREDIENTS: Tofu , Broccoli (11%), Eggplant (11%), Diced Tomato (11%) (Tomato, Citric Acid), Coconut Milk (Coconut Cream, Xanthan Gum), Zucchini (7%), Edamame (7%), Brown Rice, Onion (6%), Peanuts (Peanuts, Peanut Oil), Green Peas (2%), Faba Bean Protein, Yellow Curry Paste (1.5%), Coriander, Ginger, Garlic, Olive Oil, Lemongrass, Vegetable Stock, Gluten Free Soy Sauce, Turmeric, Chilli, Kaffir Lime, Corn Starch.

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Nutrition information

Serving size: 267 g. Values below are transcribed from the product page's nutrition panel.

Nutrient	Average per serving	Average per 100g	--- --- ---	Energy	1120 kJ (267 Cal)	418 kJ (100 Cal)															
Protein	17.0 g	6.4 g	Fat	13.1 g	4.9 g	Saturated fat	5.6 g	2.1 g	Carbohydrate	17.2 g	6.4 g	Sugars	4.4 g	1.7 g	Fibre	8.0 g	3.0 g	Sodium	487 mg	182 mg	

View the original nutrition panel . For multi-serve packs, the per-serving values are for the stated serving, not the entire pack. Check the label on the product you receive.

Delivery and storage

Free standard shipping on eligible orders of A\$200 or more. Standard shipping is A\$19.95 below A\$200. Check your postcode and delivery schedule ; choose an available delivery date at checkout.

Follow the storage and preparation instructions on the product packaging. For guidance, visit heating and storage FAQs . Different products have different preparation requirements.

Questions about this product

Where are the ingredients and allergens?

The product details above reproduce the current online ingredients and allergen information. Always check your delivered pack, including any “may contain” declaration.

Does this order qualify for free shipping?

Eligible orders totalling A\$200 or more qualify for free standard shipping. Below A\$200, standard shipping is A\$19.95. Check delivery coverage and options at checkout.

For help with this product, call 1300 263 257 or email support@befitfood.com.au .

Explore related products

Mexican Stovetop Penne (GF)

Wholemeal Beef Lasagne

Italian Beef Meatballs (GF)